

OVERVIEW OF “UPDATE ON FUNCTION & DISABILITY IN PRIMARY CARE” FAMILY PRACTICE SKILLS COURSE

A/Prof Goh Lee Gan

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INTRODUCTION

It has been 5 years since we last organised the Family Practice Skills Course on Function and Disability in Primary Care. There have been more schemes introduced by the Government to help families with family members who have disability – besides the Eldersshield, IDAPE, and FDWLC schemes covered in the 2007 course, we now have the FDW Grant Scheme, the SNSS and the CHAS (Disability) scheme. Thanks are due to Centre for Enabled Living (CEL), Ministry of Health (MOH), and Ministry of Community Youth and Sports (MCYS) for sponsoring and supporting this Family Practice Skills Course.

There is also a need to accreditate more family doctors to be assessors of patients in the course of application for one or more of the disability schemes. This accreditation assessment will be conducted on 27 May 2012 at the end of the skills course for new assessors. Existing assessors who are regularly assessing patients will be re-accredited without having to undertake another accreditation assessment.

Updating primary care doctors on the assessment principles, tools, and applications is the objective of this Family Practice Skills Course for all. We would therefore like to encourage all primary care doctors to attend this Family Practice Skills Course.

COURSE OUTLINE AND CME POINTS

This Family Practice Skills Course is made up of the following components. You can choose to participate in one or more parts of it. The CME points that will be awarded are also indicated below.

Components and CME Points

- Distance Learning Course – 6 units (6 Core FM CME points upon attaining a minimum pass grade of 60% in Distance Learning Online MCQ Assessment)
- 2 Seminars (2 Core FM CME points per seminar)
- 2 Workshops (1 Core FM CME point per workshop)
- 10 Readings – read 5 out of 10 recommended journals (maximum of 5 CME points for the whole CME year)

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Distance Learning Course

- Unit 1 : Diseases that Result in Disability in Infants and Children – An Update
A/Prof Ong Hian Tat, Dr Chong Shang Chee
- Unit 2 : Rehabilitation and Coping with Disabilities in Infants and Children (The reading material for this unit will be given out at the Seminar.)
Dr Winnie Goh Hwee Suat
- Unit 3 : Assessment of Activities of Daily Living in Infants and Children with Developmental Disabilities
Dr Sylvia Choo Henn Tean
- Unit 4 : Diseases that Result in Disability in Adults
Dr Chan Kin Ming
- Unit 5 : Rehabilitation and Coping with Disabilities in Adults
Dr Peter AC Lim
- Unit 6 : Assessment of the Six Activities of Daily Living in Adults
Dr Ng Yee Sien, Dr Heeyoune Jung

COURSE TOPIC DETAILS

Unit 1: Diseases that Result in Disability in Infants and Children – An Update

- Introduction
- Conditions causing physical disability in infants and children
 - o Cerebral palsy
 - o Paediatric Neuromuscular Diseases
 - o Spina bifida (myelomeningocele)
- Conditions with mental disability in infants and children
 - o Mental retardation
 - o Autistic spectrum disorder
- Strategies to prevent or reduce physical and/or mental disabilities in infants and children

Unit 2: Rehabilitation and Coping with Disabilities in Infants and Children

- Define habilitation and rehabilitation
- The child with disability and the family
- Important component for effective early intervention
- Quality of life and coping with disability
- Functional approach to rehabilitation
 - Assessment and intervention role of therapists
 - Assessment and approach to community living
- Conclusion

Unit 3: Assessment of Activities of Daily Living in Infants and Children with Developmental Disabilities

- Introduction
- Independence in ADL in infancy and childhood
- Existing instruments
- Functional assessment
- Types of disability in children and infants
- Illustrations using case studies
- Conclusion

Unit 4: Diseases that Result in Disability in Adults

- Introduction
- Disease, impairment, disability and the environment
- Diseases that cause disability
 - o Musculo-skeletal disorders
 - o Neurological disorders
 - o Psychiatric disorders
 - o Visual impairment
 - o Ear disease
 - o Cancer
- Ambulation is not just a lower limb problem
- Conclusion

Unit 5: Rehabilitation and Coping with Disabilities in Adults

- Introduction and overview
- Rehabilitation
- Coping with disabilities.

Unit 6: Assessment of the Six Activities of Daily Living in Adults

- Introduction
- Overview and framework of disability assessment
- Current disability assessment tools
- Disability assessment: General principles of disability assessment
- Practical administration of disability assessment: Assessment of the six items of basic activities of daily living in detail
- Rehabilitation and activities of daily living
- Experiences, strengths, weaknesses and conclusions
- Conclusion
- Disclaimer.

FACE-TO-FACE SESSIONS

Seminar 1: 26 May 2012, 2.00pm – 3.45pm

Unit 1 : Diseases that Result in Disability in Infants and Children – An Update

Dr Chong Shang Chee

Unit 2 : Rehabilitation and Coping with Disabilities in Infants and Children

Dr Winnie Goh Hwee Suat

Unit 3 : Assessment of Activities of Daily Living in Infants and Children with Developmental Disabilities

Dr Sylvia Choo Henn Tean

Workshop 1: 26 May 2012, 4.00pm – 5.00pm

Case Studies – Infants & Children

Dr Sylvia Choo Henn Tean & Dr Winnie Goh Hwee Suat

Briefing: 26 May 2012, 5.00 pm – 6.00 pm

Overview of disability related schemes

Insurance perspective of disability related schemes

Seminar 2: 27 May 2012, 2.00pm – 4.00pm

Unit 4 : Diseases that Result in Disability in Adults

Dr Chan Kin Ming

Unit 5 : Rehabilitation and Coping with Disabilities in Adults

Dr Peter AC Lim

Unit 6: Assessment of the Six Activities of Daily Living in Adults

Dr Ng Yee Sien

Workshop 2: 27 May 2012, 4.15pm – 5.15pm

Case Studies – Adults

Dr Ng Yee Sien

Assessment for Accreditation: 27 May 2012, 5.30pm – 6.30pm