

OVERVIEW OF “IMPROVING HEALTHCARE FOR PERSONS WITH DISABILITIES” FAMILY PRACTICE SKILLS COURSE

A/Prof Goh Lee Gan

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INTRODUCTION

Improving access to healthcare and other services for persons with disabilities (PWDs) is one of the five cross-cutting issues in the Ministry of Social and Family Development's (MSF) Enabling Masterplan 2012-2016. The other 4 cross-cutting are caregiver support and transition management, manpower and technology, transport and public education in the enablement of PWDs to participate fully in society. In this Family Practice Skills Course, the focus is on touch points for access to care for PWDs. Family physicians are key touch points to the services and benefit schemes that PWDs require. Also, a greater understanding on the importance of life course and integrated approach of early intervention, education and healthy lifestyle, employment options, and adult care will enable family physicians to optimise doctor-patient and doctor-family caregiver encounters. Family physicians also need to be familiar with assessments and onward referral to receive care or benefits for PWDs. Thanks are due to the Ministry of Social and Family Development (MSF) for sponsoring this Family Practice Skills Course.

COURSE OUTLINE AND CME POINTS

This Family Practice Skills Course is made up of the following components. You can choose to participate in one or more parts of it. The CME points that will be awarded are also indicated below.

Components and CME Points

- Distance Learning Course – 6 units (6 Core FM CME points upon attaining a minimum pass grade of 60% in Distance Learning Online MCQ Assessment)
- 2 Seminars (2 Core FM CME points per seminar)
- 2 Workshops (1 Core FM CME point per workshop)
- 10 Readings – read 5 out of 10 recommended journals (maximum of 5 CME points for the whole CME year)

Distance Learning Course

Unit 1: Epidemiology and Overview of Disability

A/Prof Goh Lee Gan

GOH LEE GAN, Senior Consultant Physician & Professorial Fellow,
Division of Family Medicine, University Medicine Cluster,
National University Health System;
Director, Institute of Family Medicine,
College of Family Physicians Singapore

Unit 2: Information and Referral Touchpoints

Tay Mui Chin

Unit 3: How do General Practitioners Foster Mutual Support with Family Caregivers in Optimising Healthcare for Persons with Disabilities?

Anita Ho Yin King

Unit 4: Recognising Children with Developmental Delays: A Strategy for Surveillance

Dr Sylvia Choo Henn Tean

Unit 5: Persons with Intellectual Disabilities and Autism Spectrum Disorders

Dr Diana Ruth Andrea Barron, Dr Wei Ker-Chiah

Unit 6: Adults and Elderly with Multiple Disabilities

Dr Ng Yee Sien

COURSE TOPIC DETAILS

Unit 1: Epidemiology and Overview of Disability

- Introduction
- Epidemiology
- Better health for people with disabilities
- A life course and integrated care approach
- Role of family physicians
- Conclusions

Unit 2: Information and Referral Touchpoints

- Introduction
- Overview of SG Enable
- Schemes and services for Persons with Disabilities (PWDs)
- How can medical practitioners help

Unit 3: How do General Practitioners Foster Mutual Support with Family Caregivers in Optimising Healthcare for Persons with Disabilities?

- Introduction
- Identifying family caregivers
- Understanding caregivers' challenges and needs
- Factors affecting the caregivers' experience with GPs
- Fostering supportive relationship between members of the care triad
- Conclusions

Unit 4: Recognising Children with Developmental Delays: A Strategy for Surveillance

- Introduction

- Overview of concepts & terminology
- Methods of early identification
- What have others been doing?
- What have we been doing?
- Conclusions

Unit 5: Persons with Intellectual Disabilities and Autism Spectrum Disorders

- Introduction
- Overview of terms: Intellectual disability and autism spectrum disorders
- Physical and mental health problems commonly encountered in clinical practice
- The assessment of persons with intellectual disability
- An approach to a patient with developmental disabilities and behavioural concerns
- Conclusions

Unit 6: Adults and Elderly with Multiple Disabilities

- Introduction
- Overview and framework of disability assessment
- Current disability assessment tools
- Disability assessment: General principles of disability assessment
- Practical administration of disability assessment
- Experiences, strengths and weaknesses of disability assessment
- Frailty, Comorbidity, disability and geriatric rehabilitation
- Screening for frailty
- Treatment for frailty

FACE-TO-FACE SESSIONS

Seminar 1: 26 April 2014, 2.00pm – 4.00pm

Unit 1: Epidemiology and Overview of Disability

A/Prof Goh Lee Gan

Unit 2: Information and Referral Touchpoints

Tay Mui Chin

Unit 3: How do General Practitioners Foster Mutual Support with Family Caregivers in Optimising Healthcare for Persons with Disabilities?

Anita Ho Yin King

Workshop 1: 26 April 2014, 4.30pm – 5.30pm

Case Study Discussion

Dr Balbir Singh, Anita Ho Yin King, Manmohan Singh, Dr Bhavani Sriram

Seminar 2: 27 April 2014, 2.00pm – 4.00pm

Unit 4: Recognising Children with Developmental Delays: A Strategy for Surveillance

Dr Sylvia Choo Henn Tean

Unit 5: Persons with Intellectual Disabilities and Autism Spectrum Disorders

Dr Wei Ker-Chiah

Unit 6: Adults and Elderly with Multiple Disabilities

Dr Ng Yee Sien

Workshop 2: 27 April 2014, 4.30pm – 5.30pm

Assessment and Communication Skills

Dr Wei Ker-Chiah, Francis Lim Chin Pei, Tang Wei Kiat, Dr Lohsnah J