# OVERVIEW OF "MANAGEMENT UPDATE ON FUNCTIONAL DECLINE IN OLDER ADULTS 2012" FAMILY PRACTICE SKILLS COURSE

A/Prof Goh Lee Gan

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#### INTRODUCTION

This issue of the Singapore Family Physician contains an update of the articles in the Vol 37 No.2 (Supplement) April-June 2011 issue. Thanks are due to the Health Promotion Board jointly organsing and for sponsoring this course again. We would like to invite the reader to attend the Family Practice Skills Course that accompanies this issue if you have not attended. For those of you who have, you may wish to do so again to update yourself.

## COURSE OUTLINE AND CME POINTS

This Family Practice Skills Course is made up of the following components. You can choose to participate in one or more parts of it. The CME points that will be awarded are also indicated below.

#### **Components and CME Points**

- Distance Learning Course 6 units (6 Core FM CME points upon attaining a minimum pass grade of 60% in Distance Learning Online MCQ Assessment).
- 2 Seminars (2 Core FM CME points per seminar).
- 2 Workshops (1 Core FM CME point per workshop).
- 10 Readings read 5 out of 10 recommended journals (maximum of 5 CME points for the whole CME year).

#### **Distance Learning Course**

- Unit 1 : Physical Function
- Dr Wong Sweet Fun
- Unit 2 : Mood
  - Dr Ong Pui Sim
- Unit 3 : Continence Dr Terence Tang
- Unit 4 : Hearing
  - A/Prof Lynne Lim Hsueh Yee
- Unit 5 : Vision
- Dr Au Eong Kah Guan, Ms Yulianti, Ms Fifiana Unit 6 : Oral Health
  - Dr Hilary P. Thean, A/Prof Robert Yee

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#### **COURSE TOPIC DETAILS**

#### Unit 1: Physical Function

- Background
- Assessment
- Interpreting Results
- Primary Care Roles and Responsibilities

#### Unit 2: Mood

- Background
- Assessment
- Interpreting Results
- Primary care roles and responsibilities
  - o Diagnostic criteria
  - o Clinical evaluation
  - o Management
  - Clinical Pathway
- Referral
- Resources

## Unit 3: Continence

- Background
- Assessment
- Interpreting Results
- Primary Care Roles and Responsibilities
- Management
- Clinical Pathway
- Referral

# Unit 4: Hearing

- Introduction
- Assessment
- Interpreting results
- Useful information
- Clinical pathway
- Referral

#### Unit 5: Vision

- Background
- Assessment
- Interpreting results
- Clinical pathway
- Management and referral

#### Unit 6: Oral Health

- Background
- Assessment
- Interpreting results
- Clinical implications
- Clinical pathway
- Management and referral

# FACE-TO-FACE SESSIONS

# Seminar I: 25 Feb 2012, 2.00pm - 4.00pm

Unit 1 : Physical Function Dr Wong Sweet Fun Unit 2 : Mood Prof Kua Ee Heok Unit 3 : Continence Dr Lawrence Tan

## Workshop I: 25 Feb 2012, 4.30pm - 6.00pm

A : Physical Function Dr Wong Sweet FunB : Mood

- Prof Kua Ee Heok
- C : Continence Dr Lawrence Tan

## Seminar 2: 26 Feb 2012, 2.00pm - 4.00pm

Unit 4 : Hearing A/Prof Lynne Lim Hsueh Yee Unit 5 : Vision Dr Au Eong Kah Guan Unit 6 : Oral Health Dr Hilary P. Thean, Dr Wong Mun Loke

## Workshop 2: 26 Feb 2012, 4.30pm - 6.00pm

- A : Hearing *A/Prof Lynne Lim Hsueh Yee*B Vision *Dr Au Eong Kah Guan*
- C : Oral Health Dr Hilary P. Thean, Dr Wong Mun Loke