

OVERVIEW OF “INTEGRATED ELDERCARE COURSE”

A/Prof Goh Lee Gan

SFP2011; 37(3): 6-7

INTRODUCTION

Healthcare in Singapore has hitherto been focused on acute care centric model. There is a need to move towards a new model of care that is holistic and patient centric for those who require integration of care. Whilst not every patient needs integrated care, patients with complex medical needs and social needs will clearly need such care.

The College is happy that the Agency for Integrated Care is sponsoring this Integrated Eldercare Course to update our frontline doctors. The course covers concepts of delivery of integrated care, the multidisciplinary team approach that is necessary, resources and funding schemes, discharge planning, use of ambulatory walking aids, and also caregiver support, training and enablement. We believe this course will be useful to you.

COURSE OUTLINE AND CME POINTS

This Family Practice Skills Course is made up of the following components. You can choose to participate in one or more parts of it. The CME points that will be awarded are also indicated below.

Components and CME Points

- Distance Learning Course – 6 units (6 Core FM CME points upon attaining a minimum pass grade of 60% in Distance Learning Online MCQ Assessment).
- 2 Seminars (2 Core FM CME points per seminar).
- 2 Workshops (1 Core FM CME point per workshop).
- 10 Readings – read 5 out of 10 recommended journals (maximum of 5 CME points for the whole CME year).

Distance Learning Course

- Unit 1 : Delivery of Integrated Care
Dr Ng Joo Ming Matthew
- Unit 2 : Role of the Multi-disciplinary Team in Integrated Care
Faezah Shaikh Kadir
- Unit 3 : Hospital and Community Resources, Financial Policies and Funding Schemes
Tan Poh Noi
- Unit 4 : Discharge Planning in Integrated Care
Dr Rukshini Puvanendran

GOH LEE GAN, Associate Professor, Division of Family Medicine, University Medicine Cluster, National University Health System Senior Consultant, Institute of Family Medicine, College of Family Physicians Singapore

Unit 5 : A Family Physician’s Perspective on Prescribing Ambulatory Aids for the Elderly

Dr Koh Wee Boon Kelvin

Unit 6 : Caregiver Support, Training and Enablement

A/Prof Lim Swee Hia

COURSE TOPIC DETAILS

Unit 1: Delivery of Integrated Care

- Introduction.
- Types of integration.
- Delivery of integrated care.
- Problems and barriers of care integration.

Unit 2: Role of the Multi-disciplinary Team in Integrated Care

- Introduction.
- Healthcare integration in Singapore.
- Role of Agency for Integrated Care (AIC) in care integration.
- Moving towards a new model of care.
- The Aged Care Transition (ACTION) Team Project.

Unit 3: Hospital and Community Resources, Financial Policies and Funding Schemes

- Introduction.
- Need for integrated care.
- Navigating the healthcare system.
- Meeting healthcare needs.
- Financing philosophy.
- Singapore healthcare financing schemes.

Unit 4: Discharge Planning in Integrated Care

- Introduction.
- Goals of discharge planning.
- Discharge planning process should start at admission.
- The higher risk patient.
- Elements of discharge planning.
- The doctor’s role in discharge planning.

Unit 5: A Family Physician’s Perspective on Prescribing Ambulatory Aids for the Elderly

- Introduction.
- Functions of ambulatory aids.
- When do elderly patients need ambulatory aids?
- What are the common ambulatory aids locally available for elderly patients?
- An approach to prescribing ambulatory aids.

Unit 6: Caregiver Support, Training and Enablement

- Introduction.
- Why is caregiving a concern.
- Caregiving education, support and enablement.
- Key challenges and implications.

FACE-TO-FACE SESSIONS**Seminar 1: 3 September 2011****2.00pm – 4.15pm**

Unit 1 : Delivery of Integrated Care

Dr Ng Joo Ming Matthew

Unit 2 : Role of the Multi-disciplinary Team in Integrated Care

Faezah Shaikh Kadir

Unit 3 : Hospital and Community Resources, Financial Policies and Funding Schemes

*Tan Poh Noi***Workshop 1: 3 September 2011****4.30pm – 5.45pm**

Case studies of complex medical case; discharge planning procedural skills

*Dr Ng Joo Ming Matthew***Seminar 2: 4 September 2011****2.00pm – 4.15pm**

Unit 4 : Discharge Planning in Integrated Care

Dr Rukshini Puvanendran

Unit 5 : A Family Physician's Perspective on Prescribing Ambulatory Aids for the Elderly

Dr Koh Wee Boon Kelvin

Unit 6 : Caregiver Support, Training and Enablement

*A/Prof Lim Swee Hia***Workshop 2: 4 September 2011****4.30pm – 5.45pm**

Use of Aids and Appliances

Dr Koh Wee Boon Kelvin