

FMRC Reflections

by Dr Low Jia Hua, Head of Organising Committee, FMRC 2023, FCFP(S) 2022-2024

The Family Medicine Review Course (FMRC) 2023 took place on 20 May 2023. This was the first time FMRC took place in-person since the COVID-19 pandemic era.

The event was conducted at the Centre for Healthcare Innovation under the theme of “Weaving the Tapestry”. In light of Healthier SG and the tapestry of primary care provision, the organising committee brought together speakers who were experts in their fields to cover topics that ranged across the ages, such that the audience, no matter what their core focus, would take something away from the course.

FMRC was well received by nearly 200 Primary Care Physicians, Family Medicine trainees, and Nurses. In addition, for the first time, Advanced Practice Nurses embraced the event in the spirit of progressing interprofessional education and collaboration.

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FMRC was successfully organised by the College of Family Medicine Singapore’s (CFPS) 2022-2024 Fellowship programme trainees. These trainees received support from the joint partnership of CFPS and the Chapter of Family Medicine, Academy of Medicine, Singapore, as well as sponsorships from Pfizer Singapore, AstraZeneca Singapore and Boehringer Ingelheim.

The topics covered were Osteoporosis by A/Prof Ang Seng Bin, Optimising Chronic Kidney Disease in the Community by Dr Clara Ngoh, Troubleshooting Childhood Vaccinations by Prof Lee Bee Wah, Updates on Pneumococcal Vaccination by Dr Zheng Shuwei, and Exercise Prescription by Dr Lim Ang Tee.

The course received positive feedback especially for the relevance of the chosen topics, smooth flow of events, and the catered food. Having the course in-person also gave many the opportunity to catch-up with “old friends”. A significant number of those who attended also mentioned that they looked forward to FMRC 2024 — certainly a comment that signifies a mark of success for FMRC 2023.



Organising Committee (from left to right): Teo Jia Hui, Felicia Clara Tan, Haresh Singaraju (Secretariat), Low Jia Hua (Chair), Vanessa Koon, Amelia Binte Ahmad Hatib, Chin Chi Hui. Advisors: Dr Xu Bangyu, Dr Luke Low.



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