

Healthier SG

Singapore's new preventive care strategy puts primary care at the centre of the care ecosystem



By Agency for Integrated Care

Healthier SG is a major transformation effort, shifting the emphasis of care upstream, to focus on preventive care and enabling residents to live longer in good health. Under Healthier SG, residents will enrol with a family doctor of their choice who will serve as the first point-of-contact to holistically manage residents' health. Together, doctors and their enrolled residents will co-develop a customised health plan covering suitable health and lifestyle goals and recommended vaccinations and screenings. In this way, residents will be empowered to take charge of their health, guided by their health plan and supported by a trusted, long-term relationship with their family doctor.







Support for GP clinics participating in Healthier SG

Care protocols: MOH, together with primary care leaders, have developed an initial set of 12 care protocols to guide family doctors on providing screening and vaccination and managing key chronic conditions. The care protocols will also cover key lifestyle-related areas such as cigarette smoking cessation and weight management. They will help ensure a consistent and evidence-based level of care delivery across the diverse primary care landscape.

Annual service fees: Healthier SG clinics will receive a new annual service fee. There will be a fixed payment for managing their enrolled patients and completing the annual check-in or consults. In addition, there will be variable payments provided based on the completion of clinical tasks required for the enrolled patient. This is on top of existing fee-for-service payments that clinics will continue to receive under the current healthcare subsidy schemes (e.g. CHAS, Screen-for-Life and Vaccination and Childhood Development Screening Schemes).

Primary Care Networks (PCN): For better peer-led support and access to other GP resources available, Healthier SG clinics should be in a PCN. PCNs today offer nursing and care coordination support (e.g. diabetic foot and eye screening, nurse counselling) facilitating a team-based care model for comprehensive and holistic care at GP practices. Healthier SG clinics will additionally receive support from the healthcare clusters and community providers from the healthcare clusters and community providers through their PCN. GPs will also receive training support on top of the networking, sharing and review discussions.

Support for Healthier SG clinics

	Care Protocols		Community activities to support health plans
	Annual service fees paid to clinics		Chronic Drug Subsidies
	Primary Care Network		IT Enablement

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Chronic drug subsidies: Healthier SG clinics will be eligible to provide enhanced chronic drug subsidies for their enrolled patients. This enhances drug affordability and will encourage their chronic enrolled patients to anchor their care with them. MOH will support Healthier SG clinics in procuring a whitelisted set of chronic drugs for their enrolled patients at affordable prices so that cost savings can be passed on to these enrolled patients.

Criteria for family doctors in private practice to participate in Healthier SG

Participate in core GP schemes (CDMP, CHAS, Screen-for-Life, National Vaccination Programmes)



Adopt a Healthier SG-compatible CMS and contribute to NEHR. (GPs will have a one-year runway from Healthier SG launch to transit.)

Partner your Regional Healthcare Cluster



Join a Primary Care Network (PCN)

Achieve accreditation to be a Family Physician (within 7 years of Healthier SG launch)



Community Partners: To help residents adhere to their health plans, family doctors will be able to tap on community providers and encourage residents to adopt healthier lifestyles by referring them to community based activities. A wide range of programmes including smoking cessation and weight management will be made available by the healthcare clusters and agencies including Health Promotion Board, People's Association and Sport Singapore.

Patient benefits at enrolled clinics



Free first consultation with enrolled clinic to develop health plan

Health points upon enrolment and completion of first health plan discussion



Fully subsidised nationally recommended screenings & vaccinations

Chronic drugs at prices more comparable to polyclinics



No need for cash co-payment when tapping on Medisave for chronic conditions (subject to existing limits)

IT enablement under Healthier SG: Care continuity for residents can be facilitated by contribution to the National Electronic Health Record (NEHR). The use of a Healthier SG-compatible Clinic Management System (CMS) will facilitate this process, and also help clinics to be more efficient in clinical documentation and submission of care reporting data.

There will be a one-time, milestone-based IT enablement grant of up to ~\$10,000 to help Healthier SG clinics adopt a Healthier SG-compatible CMS. The list of Healthier SG-compatible CMS will be published from April 2023 onwards. In the meantime, clinics may view the revised CMS criteria published at https://www.ihis.com.sg/SmartCMS_Programme and look out for the regular emails sent through AIC on CMS readiness.

If you have questions or would like to find out if you meet the Healthier SG criteria, please contact your AIC account manager for more information.



Save the Date: GP Town Hall

Speak to CMS vendors and other Healthier SG partners. Registration in Jan 2023.