



Family Medicine Review Course 2019

Organised by:
Academy of Medicine, Chapter of Family Medicine Physicians &
College of Family Physicians Singapore



The Chapter of Family Medicine Physicians (FMP) of the Academy of Medicine Singapore (AMS), together with the College of Family Physicians Singapore, have co-organized the Family Medicine Review Course since its inception in 2016. The Course has been warmly received by participants, and we are proud to organize our fourth Course in 2019 as part of celebration of World Family Doctors' Day.

Family doctors will play a central role in our "War on Diabetes" as our population ages and becomes more affluent, being exposed to dietary excess. In line with MOH's vision of "One Singaporean, One Family Doctor", it is our desire to continue to support one another with the latest clinical updates and essential skills to cope with the management of Diabetes Mellitus in Primary Care. Experienced Family Physicians and Family Medicine trainees will find the plenary lectures in our fourth course to be highly relevant and useful.

We strongly encourage you to sign up for this fourth Course. Join us on the afternoon to arm yourselves with effective weapons, both new and old, in the War against Diabetes!

A/Prof Lee Kheng Hock
Chairman
Family Medicine Chapter
Academy of Medicine

Adj Asst Prof Tan Tze Lee
President
College of Family
Physicians Singapore

Organising Committee:
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Dr Wong Wei Mon

We are delighted to invite you to the 4th Family Medicine Review Course, jointly organised by the Chapter of Family Medicine Physicians (Academy of Medicine) and the College of Family Physicians Singapore, to be held on the afternoon of **25 May 2019 (Saturday)** at the **Health Promotion Board**.

This year, we aim to deliver the latest updates of evidence-based practice in not only pharmacological management of Diabetes Mellitus, but also how it can be managed holistically in the Family Physician's office. There will be an emphasis on reading food labels, as well as psychological issues experienced by diabetics – issues not as commonly talked about but nonetheless clinically important if we are to achieve the best outcomes for our patients.

The Family Medicine Review Course is designed to cater to help keep the experienced Family Physician abreast with the latest developments in Family Medicine practice, as well as assist the aspiring Family Medicine trainee or medical student learning and preparing for examinations.

We are honoured to have a line-up of eminent and distinguished faculty who are renowned in the management of Diabetes. The lectures will be carried out in one track of five lectures.

The course coincides with World Family Doctor's Day (WFDD), and we look forward to seeing you at these important events on the Family Medicine calendar.

FM Review Course Organising Committee, FCFP(S) Batch 2017-2019

FAMILY MEDICINE REVIEW COURSE 2019

25 May 2019, Saturday 1.00pm – 5.00 pm
Health Promotion Board (HPB) Auditorium (Level 7)
3 Second Hospital Avenue, Singapore 168937

Theme: **Diabetes Mellitus: Same War New Weapons**

Registration is online only.
For more information,
please visit
fmrc2019.cfps.sg

Time	Programme
1300 to 1400	Lunch & Registration. Part 1 :Old dog new tricks?: Revisiting the principles of insulin treatment Part 2 : Wearing the patient's shoes: Insulin technique and self-administration <i>Dr Ian Phoon (Family Physician, Pasir Ris Polyclinic)</i>
1400 to 1410	Opening address by President, College of Family Physicians Singapore Welcome Address by Chairman, Chapter of Family Physician, AMS
1410 to 1450	Standing at the edge of a new frontier: New pharmacological management of Type II DM <i>Dr Cho Li Wei (Endocrinologist, Changi General Hospital)</i>
1450 to 1530	More than Metformin: The holistic management of type II DM in the community <i>Dr Kalpana Bhaskaran, Dr Ajith Damodaran, Dr Ng Lee Beng (Nutritionist and Family Physicians)</i>
1530 to 1600	Tea Break
1600 to 1630	The spirit is willing but the mind is weak: Psychological issues in diabetics <i>Miss Charlotte Summers (Psychologist and Chief Operating Officer, Diabetes.co.uk)</i>
1630 to 1700	Man and Machine: Diabetes and how technology can help the patient <i>Dr Eberta Tan (Endocrinologist, Changi General Hospital)</i>

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