Family Medicine Extravaganza 2017

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This year, we held the 4th Family Medicine Extravaganza. The Family Medicine Extravaganza is an annual outreach event planned by the JCFMS in conjunction with students from the YLL, LKC, and Duke-NUS medical schools.

This year, the event was held at the LKC School of Medicine's new Clinical



Dean of LKC, Professor James Best, gives his opening address

Sciences Building in Novena on 8th September. Almost 200 students from across all of the three medical schools attended the event.

The event was opened by Dean of LKC, Professor James Best, who shared about his father's experiences as a FM Physician, and the importance of Family Medicine now and in the years to come as Singapore's healthcare landscape evolves.



Clockwise: Dr Valerie Teo, Dr Lim Hui Ling, Dr Loke Kam Weng and Dr Tan Shu Yun share about their experiences working in various sectors.

The first segment of the programme invited FM doctors practicing in various sectors to share their experiences in their practice, in order to give participants an idea of the breadth of work that a FM physician can undertake. Dr Valerie Teo, Dr Lim Hui Ling, Dr Tan Shu Yun and Dr Loke Kam Weng gave participants a glimpse into what their daily life was like, sharing about the lessons they had learnt from their years in practice and stories of the patients who had touched them.

Participants then had a chance to ask programme directors and residents from each FM residency any questions that they had during a 45-minute panel discussion. During the discussion, participants heard first-hand stories about what residency was like, received advice from the doctors about choosing family medicine as a specialty, and found out more about each residency's training programme.



Dr Julian Lim (far right) answers a question posed by the participant. Also pictured (from left): Dr Aaron Singh (Chief Resident, SHS FM Residency), Dr Darren Seah (Programme Director, NHG-AHPL FM Residency), Dr Keith Tan Dihao (Third Year Resident, NHG-AHPL FM Residency)

The night culminated in booths set up by each of the residencies. Participants had the chance to ask the FM doctors any questions that they had about each residency programme over dinner, to hear more about each resident's reasons behind choosing Family Medicine, and to network and interact with students and doctors from all institutions.

Overall, the night was both enjoyable and informative, and participants left the event having gained a great deal of knowledge about what Family Medicine was like as a specialty, and the wide variety of sectors that a FM doctor can practice in.



Above: participants speaking to doctors at the booths and enjoying a buffet dinner.

All images courtesy of Alex Tanoto (Y3, LKCSoM)



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