



**Family Practice Skills Course #47**

# Obesity Prevention & Management

**Sat - Sun, 14 - 15 Jan 2012**

**2.00pm - 6.00pm**

**Health Promotion Board, Auditorium (Level 7)**

**3 Second Hospital Avenue, Singapore 168937**

**TOPICS**

- Unit 1: Overview
- Unit 2: Childhood
- Unit 3: Motivational Interviewing (MI)
- Unit 4: Youth/ Adults
- Unit 5: Physical Activity Tool (PAAT)

**WORKSHOPS**

- Day 1: Motivational Interviewing (MI) & Case Scenarios;  
Role of Allied Health & community in Continuity of Care
- Day 2: Physical Activity Advice Tool (PAAT);  
Health Choices - Lifestyle Advice Resource for Healthcare Professionals

**SPEAKERS**

- |                     |                       |
|---------------------|-----------------------|
| Dr Jonathan Pang    | Mr Robert Sloan       |
| A/Prof Loke Kah Yin | Ms Vivian Feng Yu Lim |
| Dr Audrey Tan       | Ms Samantha Bennett   |
| Dr Tham Kwang Wei   |                       |

- SEMINARS** (2 Core FM CME points per seminar)  
Seminar 1 • Unit 1 - 3: Sat, 14 Jan 2012 (2.00pm - 4.15pm)  
Seminar 2 • Unit 4 - 6: Sun, 15 Jan 2012 (2.00pm - 4.15pm)

- WORKSHOPS** (1 Core FM CME point per workshop)  
Day 1: Sat, 14 Jan 2012 (4.30pm - 6.00pm)  
Day 2: Sun, 15 Jan 2012 (4.30pm - 6.00pm)

\*Registration is on first-come-first-served basis.  
Seats are limited.  
Please register by 9 Jan 2012 to avoid disappointment.

- DISTANCE LEARNING MODULE**  
(6 Core FM CME points upon attaining a minimum pass grade of 60% in MCQ Assessment)  
• Read all Units of study materials in The Singapore Family Physician Journal and pass the MCQ Assessment.

This Family Practice Skills Course is jointly organised and supported by the **College of Family Physicians Singapore** and **Health Promotion Board (HPB)**



*\* All information is correct at time of printing and may be subject to changes.*

## REGISTRATION

**FREE REGISTRATION for College Members!**

**Obesity Prevention & Management**  
Please tick (✓) the appropriate boxes

|                             | College Member                       | Non Member                       |
|-----------------------------|--------------------------------------|----------------------------------|
| Seminar 1 (Sat)             | <input type="checkbox"/> <b>FREE</b> | <input type="checkbox"/> \$21.40 |
| Seminar 2 (Sun)             | <input type="checkbox"/> <b>FREE</b> | <input type="checkbox"/> \$21.40 |
| Workshops (Sat-Sun)         | <input type="checkbox"/> <b>FREE</b> | <input type="checkbox"/> \$42.80 |
| Distance Learning (Journal) | <b>FREE</b>                          | <input type="checkbox"/> \$42.80 |
|                             | <b>TOTAL</b>                         |                                  |

I attach a cheque for payment of the above, made payable to: College of Family Physicians Singapore.\*

Cheque number: \_\_\_\_\_

Signature: \_\_\_\_\_

\*Registration is confirmed only upon receipt of payment. The College will not entertain any request for refund due to cancellation after the registration is closed **OR** after official receipt is issued (whichever is earlier).

Name: Dr \_\_\_\_\_

MCR No: \_\_\_\_\_

(For GDFM Trainee only) Please indicate:  2010 Intake  2011 Intake

Mailing Address: (Please indicate:  Residential  Practice Address)

E-mail: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Note: Any changes to the course details will be announced via e-mail. Kindly check your inbox before attending the course. Thank you.

Please mail the completed form and cheque payment to:  
College of Family Physicians Singapore  
16 College Road #01-02, College of Medicine Building, Singapore 169854

Or fax your registration form to: 6222 0204