

Diabetes Mellitus Skills Course

Course Structure

1. Distance Learning Course Contents

Unit 1: Epidemiology of Diabetes Mellitus & Important Evidence Based Information

Dr Tan Chee Eng, Consultant Endocrinologist, Gleneagles Medical Centre

- Pathophysiology of Diabetes • Beta Cell Dysfunction & Insulin Resistance • Classification of Diabetes • Diabetes Mellitus in Singapore • Some Important Studies that matters in Practice

Unit 2: Diagnosis and Diagnostic Issues

Dr Lee Chung Horn, Consultant Endocrinologist, Gleneagles Medical Centre

- Diagnostic Criteria • Metabolic Syndrome - Criteria and Relationship to Diabetes Mellitus • Pitfalls and Practical Issues in Diagnosis • Impaired Glucose Tolerance • Screening for Diabetes

Unit 3: Pharmacology of Oral Antihyperglycaemic Agents & Insulin

Dr Loh Keh Chuan, Consultant Endocrinologist, Mt Elizabeth Medical Centre

- Conventional Oral Antihyperglycaemic Agents and Insulin
- New Oral Antihyperglycaemic Agents & their Mode of Action
- Practical Points in Pharmacodynamics and Pharmacokinetics
- Special Population: Pregnancy, Elderly & Children
- Contraindications & Adverse Drug Reactions

Unit 4: Issues in Pharmacotherapy

Dr Kevin Tan Eng Kiat, Consultant Endocrinologist, MD Specialist Healthcare, Paragon Medical Centre

- Initiating treatment • Combination Therapy
- Early Aggressive Treatment • Treating to Target
- Assessment of Control • Compliance • Treatment Failure

Unit 5: Complications of Diabetes Mellitus

Dr Lim Su Chi, Consultant Endocrinologist, Diabetes Centre, Alexandra Hospital

- Cardiovascular Complications • Renal Complications
- Eye Complications • Neurological Complications
- Prevention of Complication

Unit 6: Issues in Long Term Care & Living with Diabetes

Dr Tan Chee Beng, CEO, SingHealth Polyclinics

- Strategies in ensuring continuity of care • Quality indicators
- Practical Issues in Follow-up • Patient Education and Self-Care

2. Seminars (2 Core FM CME Points each#)

Seminar 1: 6 November 2004

2.00pm – 4.00pm

- 1) Epidemiology of Diabetes Mellitus & Important Evidence Based Information
- 2) Diagnosis & Diagnostic Issues
- 3) Pharmacology of Oral Antihyperglycaemic Agents and Insulin

Seminar 2: 7 November 2004

2.00pm – 4.00pm

- 1) Issues in Pharmacotherapy
- 2) Complications of Diabetes Mellitus
- 3) Issues in Long term care & Living with Diabetes

* Seminars are on 1st come 1st serve basis and are limited to the first 200 participants

3. Workshops Session(2 Core FM CME Points#)

(6 Nov 2004 OR 7 Nov 2004)*

Details to be confirmed at a later date.

* Workshops are on 1st-come-1st-serve basis and are limited to the first 100 participants on each day.

* A similar workshop is held on both 6 Nov (Saturday) & 7 Nov(Sunday).



The development of this Family Practice Skills Course is supported by an educational grant from GlaxoSmithKline Pte Ltd.

Date: 6 & 7 November
Time: 2.00pm – 6.00pm
Venue: MOH Auditorium

Subject to approval from SMC

Register

Diabetes Mellitus Skills Course Registration Form

Please tick appropriate boxes.

	College Member	Non-College Member
Seminar 1	\$10.00	\$20.00
Seminar 2	\$10.00	\$20.00
Workshop	\$20.00	\$40.00
Please tick your preferred date for workshop:	<input type="checkbox"/> 6 Nov '04	<input type="checkbox"/> 6 Nov '04
	<input type="checkbox"/> 7 Nov '04	<input type="checkbox"/> 7 Nov '04
Distance Learning Module	FREE	\$40.00
TOTAL		

Name: Dr _____ MCR No : _____

Mailing Address:

Please indicate: Residential Practice Address

Tel: _____ Fax: _____ Email: _____

Please make cheque payable to :

College of Family Physicians
Singapore

Mail to:

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