

Course Overview

The Graduate Diploma in Family Medicine (GDFM) is a vocational training certification for primary care doctors. The aim of this 2-year part-time trainee programme is to train primary care doctors to practise Family Medicine at an enhanced level to meet the needs of the child, adolescent, the adult and the elderly.

This programme is planned to accommodate the busy doctor's schedule as almost all the in-person attendances are conducted outside regular office hours. In-person attendances consist of:

- **8 GDFM Modules with each comprising:**
 - 4 Workshops (2½ hrs each)
 - 1 Tutorial (1 hr each)
- **5 Courses**
 - 3 mandatory courses (9 hrs in all)
 - 2 elective courses (6 hrs each)

These in-person attendances are supplemented by distance learning - paper and web-based.

GDFM Roadshow

College is holding a GDFM roadshow for doctors who are interested in enrolling.

Highlights:

- Overview of GDFM Programme
- Continuing Postgraduate Education
- My Learning Experience by present GDFM trainees
- Q & A and panel discussion

Venue: Lecture Room, College of Family Physicians Singapore #01-02, College of Medicine Building

Date & Time: Wednesday 7th April 2004, 5.15pm

Core FM CME Points

Trainees of 2004/2006 batch can expect to earn:

GDFM Modules

For Year 2004: a maximum of 18 FM CME points under Category 1A for 2 GDFM modules.

For Year 2005: a maximum of 36 FM CME points under Category 1A for 4 GDFM modules.

For Year 2006: a maximum of 18 FM CME points under Category 1A for 2 GDFM modules.

GDFM Courses

For GDFM Courses, trainees can earn between 2 to 12 points FM CME points, depending on the type of courses attended.

Graduate Diploma In Family

8 GDFM

1 Aug 2004 Module 1 Principles of FM, CVS & Respiratory System

- Principles of FM; Consulting Skills
- Counselling; Communication Issues
- Respiratory Infections; Non-Infective Respiratory Disorders
- Ischaemic Heart Disease; Medical Records & Confidentiality

2 Nov 2004 Module 2 Child & Adolescent Care, GIT

- The Preschool Child; Normal & Abnormal Development
- On the Adolescent; Childhood Behavioral Disorders
- Upper GI Diseases; Lower GI Diseases
- Liver & Biliary Tract Disorders; Notification, Certification & Dispensing

5 Aug 2005 Module 5 Individual, Family & Community, Skin

- Human Behaviour & Beliefs; Family in Health & illness
- Disease Control & Immunisation; Preventive Medicine
- Non-Infective Dermatoses; Infective Dermatoses
- Skin, Hair & Nails; Practice Issues

6 Nov 2005 Module 6 Adult Care, Musculoskeletal/Emergency Medicine

- The Occupational Health & Disease; Workplace Hazards
- Fitness to Work; Travel Medicine
- Emergency Care & Housecall; Rheumatic, Bone & Joint Disorders
- Sports & Accidental Injuries; Setting Up Practice

GDFM Modules

Each GDFM module consists of 1 Family Medicine Modular Course (FMCM) with 1 small group tutorial based on the theme of the FMCM module of that particular quarter. 1 module would be covered per quarter. Trainees are required to attend all the 8 modules.

The FMCM consists of distance learning, 4 Saturday afternoon workshops and formative assessment. Attendance of the tutorial and at least 3 of the 4 workshops is mandatory for each FMCM module to be certified. The structure of each module consists of 8 sub-modules, 4 in whole person medicine, 3 in body systems and 1 in practice management.

Sample - Tutorial Topics for Module 1

Unit 1: Focussed Examination of The Respiratory System

Unit 2: Therapeutics Approach - Cough Mixture; What Should Cough Mixtures Contain?

Unit 3: Therapeutics Approach - Antibiotic Use in Upper Respiratory Tract Infection (URTI)

Unit 4 (Additional teaching materials)
Diagnostics Approach - Problem Based Learning: A Man With A Cough And Fever

Medicine Programme (GDFM)

Eligibility

Modules

3 Feb 2005 Module 3 Chronic Medical Care, Renal & Blood <ul style="list-style-type: none">• Continuing Care; Hypertension• Diabetes Mellitus; Care of the Terminal ill• Oncological Problems; Haematological Problems• Urinary Tract Problems; Doctor as Manager	4 April 2005 Module 4 Elderly Care & Psychiatry <ul style="list-style-type: none">• Ageing, Fitness & Assessment; Stroke & Rehabilitation• The Frail Elderly; Prescribing in the Elderly• Mood Disorders; Anxiety Disorders• Computer Use in Practice; Teaching & Research
7 Feb 2006 Module 7 Antenatal/Obstetric Care, Neurology & EENT <ul style="list-style-type: none">• Family Planning & Infertility; Common Gynaecological Disorder• Gynaecological Cancers; Sexually Transmitted Diseases• Common Neurological Disorders; Eye Disorders• ENT Disorders; Financial Mx	8 April 2006 Module 8 Gynaecology & Endocrinology <ul style="list-style-type: none">• Antenatal Care & Drug Use; Medical Disorders in Pregnancy• At Risk Pregnant; Postnatal Care• Nutritional Counselling; Metabolic Disorders• Endocrine Disorders; Quality Assurance in Practice

The candidate must possess the following to be eligible to register for the GDFM programme:

- A basic degree of the MBBS or equivalent qualification registered with the Singapore Medical Council
- Any registered medical practitioner can apply including doctors now finishing housemanship & becoming MO in April/May 2004

Fees:

GDFM Programme Fee (payable to College of Family Physicians Singapore)

- *College member* : S\$ 3570 (covers registration fee of \$50, 8 GDFM Modules & 3 GDFM mandatory courses; fees does not include the BCLS & 2 electives FP skills courses)
- *Non-College member* : S\$ 3930

Examination Fees (payable to Division of Graduate Medical Studies, NUS when apply for examination in May 2006) : S\$ 500 (does not include registration fee of \$52.50)*

GDFM Courses

The GDFM Courses emphasize on basic clinical diagnostic and management skills essential to general practice and will be conducted in the two years. To qualify for the examination, trainees must complete 3 mandatory courses, 2 elective skills courses and 1 BCLS course.

3 GDFM Mandatory Courses

- **Principles & Practice of FM (P & P)**
- **Communication and Counselling (C&C)**
- **GDFM Clinical Revision Course**

2 Elective FP skills courses (excluded in GDFM programme fee)

Family Practice skills courses which are organised or accredited by the College consist of distance learning, seminars and workshops.

1 BCLS competency certificate(excluded in GDFM programme fee)

A valid BCLS competency certificate is required for examination application with DGMS, NUS. (*To be completed by the trainee on his/her own*)

GDFM Examination

The examination is conducted by the DGMS, NUS in July/August 2006 and consists of:

- Written Paper: Applied Knowledge Test(MCQ) paper (2 hours) 25%
- Key Features Problems paper(1 hour) 25%
- Skills Assessment by OSCE(Objectively Structured Clinical Examination)(2 hrs) 50%

Response Form

- Please send me GDFM application form.
- Yes, I am interested in attending the GDFM roadshow on 7th April 2004.

Name :Dr _____

MCR No: _____

College Member: Yes No

Mailing address: Residential Practice

Tel: _____(H) _____(O)

Fax: _____

Email: _____

* Subject to changes