

CME

- Those who attend all the components of an FPSC which would qualify them for Skills Certification by the College; and
- Those enrolled in the Graduate Diploma in Family Medicine who have attended it as their mandatory elective skill course.

Home Health Care Skills Course

Family physicians are often called to attend to frail and disabled people who are home-bound. Many of these patients are elderly and their numbers are expected to rise in the future with the ageing of our population. They are also more likely to be presented with co-morbidities and complex problems. The Home Health Care Skills Course, which is being launched tonight, will equip Family Physicians with the skills required to manage such patients.

The good news is that the academic foundation component would be conducted as a Distance Learning Package. This would enable busy family physicians to study in the comforts of their homes or clinics. In addition, each distance learning package will be accredited by the Singapore Medical Council for a total of 6 CME points.

Communication and Counselling Skills Course

The Communications and Counselling Skills Course was held on 23rd November 2002 between 2.30 pm to 8 pm at the College of Family Physicians Singapore. The Communications and Counselling Skills Course is one of the compulsory skills courses required for the Graduate Diploma of Family Medicine.

The course covers 4 segments of Communication and Counselling.

1. Effective Communication *by Dr Tan Yew Seng*
2. Breaking Bad News *by Dr Tan Yew Seng*
3. Dealing with Depression *by Dr Helen Leong*
4. Dealing with Anxiety *by Dr Helen Leong/Dr Tan Yew Seng*

Through lectures, role play, discussions and group sessions, the course's objective is to teach trainees how to apply the communications and counselling skills learnt in their daily practice.

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Dr Helen Leong who was one of the speakers for the course said that role play used in the course was very useful in teaching counselling and communications which require hands on experience. Role play is a good way to simulate the consultation process where the counselling and communication skills come into play.

The facilitators of the course were:
A/P Chong Pak Yean, Dr Matthew Ng, Dr Chow Mun Hong,
Dr Winnie Soon, Dr Victor Loh

