

Clinical Cholesterol Management Course for GPs (2nd & 3rd March 2002)

The Clinical Cholesterol Management Course was held in conjunction with the Singapore Cardiac Society's 14th Annual Scientific Meeting. This is the first collaboration between the College and Singapore Cardiac Society. The theme of the course was "The Expert Consensus Practice of Cardiology".

Dr Richard Pasternak, a committee member of the NCEP III expert panel, gave the plenary session on the NCEP III cholesterol guidelines. There was a dinner symposium on "High Priority Challenges in Clinical Cholesterol Management" which included well-

known local speakers Dr Tan Chee Eng and Prof Chia Boon Lock.

The course provided for a comprehensive 8-hour review on the subject of cholesterol management, and was well attended by over a hundred family physicians. Besides familiarising



themselves with the new NCEP III guidelines, the participants had lectures on the cholesterol content of local foods and issues on giving dietary advice to patients.

Dr Kwan Yew Seng